



Safe Cave Diving with Swiss Cave Diving



Training manual "Höhlentauchen" for courses

With this manual, the authors, both Cave Diving Staff Instructors of SCD, resp. CMAS.CH and well known for their annual "Stages Spéléo Suisses" in France, present their decade-long experience in the cave diving area with over 450 certified students and over 4000 accident-free training dives in very condensed form to the interested diving public.

This manual is the official training aid for cave diving of **SCD** and CMAS.CH, the Swiss CMAS sport diving instructor organisation and full voting member of CMAS International. Since 2009 this manual has been officially recommended by CMAS International.

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- Bindung with spiral wire
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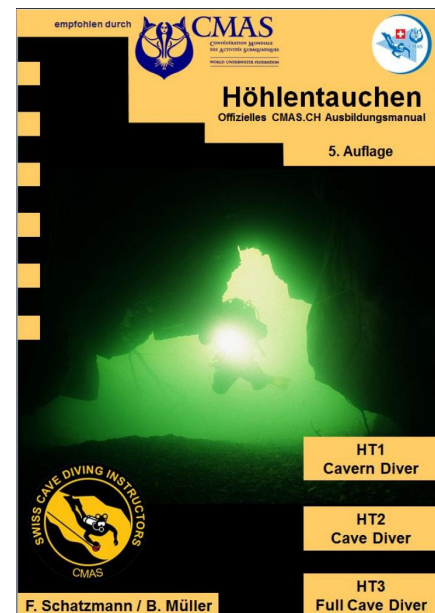


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At the end of each chapter there is a short assessment in the form of a set of questions, as well as one A4-page for personal remarks.

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